

Tie Tied Silk Scarf

A Safer at Home Art Idea by Angela Johnson

Materials:

- [Silk scarves or silk handkerchiefs](#)
- Water soluble tissue paper (scraps work fine)
- Spray bottle with water
- Cardboard to protect table or sturdy surface
- Vinegar and water in a spray bottle
- Iron and ironing board
- Essential oils (optional)

Senses Engaged:

- Touch - Hands on tactile
- Visual - Engaging choosing color palette and arranging colors on scarf, finished piece
- Smell - Essential oils, choosing which scents to use on scarf, vinegar, smell of hot iron
- Sound - Play relaxing music in the background while working on the scarves



Preparation:

1. Choose relaxing background music to listen to (without words, maybe classical, NPR).
2. Lay cardboard down on table or sturdy surface (so colors don't bleed through onto table).
3. Lay silk scarf on cardboard.
4. Tear or cut pieces of tissue paper and lay a design (can be random) on half of the scarf. (This could be prepped in advance - while watching TV at night).
5. Fold over the other half of the scarf on top of the half with the tissue paper design.
6. Use spray bottle to wet the scarf colors should start to bleed through onto both sides of the scarf.
7. Open scarf and take off what piece of tissue paper will come off.
8. Transfer scarf onto ironing board. Use second spray bottle with water and vinegar. Spray the vinegar and water mixture to set the colors in the scarf. Iron until scarf is dry.
9. Smell different essential oils and choose a scent/s to add to scarf. Add a few drops to scarf (this will cut the vinegar smell).
10. Wear and enjoy!

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